

Massachusetts Mandated School-Based Screenings Reference Tool Vision, Hearing, Height/Weight/BMI, Postural, and Substance Use

	Vision			Hearing	Ht, Wt, BMI		Postural	SBIRT	
	Distance Visual Acuity	Near Visual Acuity	Stereopsis	Pure Tones	Stadiometer & Scales				
	Monocular R and L	Binocular	Binocular						
PreK	✓ *	✓ *							
KG	✓ *	✓ *	✓ *	✓	KG				
1st	✓	✓	✓	✓	1st	✓			
2nd	✓	✓	✓	✓	2nd				
3rd	✓	✓	✓	✓	3rd				
4th	✓				4th	✓	Visual Assessment	CRAFFT-N	
5th	✓				5th		5th	✓	
6th	✓			✓	6th		6th	✓	
7th	Once in grades 6, 7, or 8			Once in grades 6, 7, or 8	7th	✓	7th	✓	
8th					8th		8th	✓	Once in a Middle School grade**
9th	Once in grades 9, 10, 11, or 12			Once in grades 9, 10, 11, or 12	9th		9th	✓	
10th					10th	✓	10th		Once in a High School grade**
11th					11th		11th		
12th					12th		12th		

Note: For schools with ungraded classes, MDPH regulations 105 CMR 200:400 and 200:400 indicate specific age ranges for vision, hearing, and ht/wt/BMI screenings.

*Note: When instrument-based screening is performed (3-5 year olds) distance visual acuity and stereopsis can be omitted, HOWEVER near visual acuity screening must be performed.

** Note: Districts typically choose grades based on a community needs assessment or youth risk behavior data. The recommended grade levels are grades 7 and 9.

SBIRT screenings shall occur at 2 different grade levels as recommended by the Dept. of Elementary and Secondary Education in conjunction with the Dept. of Public Health

Resources:

MDPH School Health Unit: <http://www.mass.gov/eohhs/gov/departments/dph/programs/community-health/primarycare-healthaccess/school-health/school-health-screening.html>

BU SHIELD Resources: <https://cme.bu.edu/shield.bu.edu/health-screenings>

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